

VOLLEYBALL ACADEMY @ ELM CREEK SCHOOL



NEW FOR THE 2018-2019 SCHOOL YEAR!

Elm Creek School now offers specialized Volleyball Academy courses within the Physical Education program. These courses meet the requirements for grades 9-12 Physical Education and Health.



COURSE OF STUDY

The Volleyball Academy courses include:

- **Advanced technical and tactical instruction**
- **Personal fitness management as it relates to volleyball**
- **Related theory in areas of nutrition, sport psychology, prevention and care of injuries, coaching certification, and officiating**
- **Core curriculum of the general Physical Education course**

FREQUENCY

The Volleyball Academy is a regular slotted course during the school day. Students will get 6 hours of instruction per cycle! Ideal for those who do not have the opportunity to play club volleyball, or just want to improve their skills in general. Also ideal for athletes who want to train in addition to their school and club seasons.

ENROLLMENT

Enrollment in the Volleyball Academy is limited. It is intended for students who wish to achieve in-depth skill acquisition and experience an extensive course of study in volleyball. There will be a number of spots reserved for schools of choice students as well as current Elm Creek School students.

REGISTRATION NOW OPEN

Volleyball Academy registration for any new out of division students will require a school of choice form, as well as a regular student application form. For more specific registration information, please contact the school office.

Phone: 1-204-436-2354 email: ecadmin@prsdmb.ca (Preferably by May 15, 2018)

COURSE INSTRUCTOR

Mr. Derek Tyler- Physical Education Teacher and Athletic Director at Elm Creel School

Coaching Experience:

- **13 years at high school and club levels**
- **2014 and 2016 Manitoba High Schools Athletic Association “A” Boys Volleyball “Coach of the Year”**
- **Boys U17 provincial volleyball team assistant coach 2012**
- **Numerous MHSAA provincial volleyball and basketball appearances with Elm Creek School**

Playing Experience:

- **University of Manitoba Bisons men’s volleyball team 2004-2009. Team captain 2007/2008-2008/2009.**
- **2009 University of Manitoba men’s volleyball MVP**
- **Two time USports (CIS) national bronze medalist with the University of Manitoba**
- **2007 Club U20 national champion with the University of Manitoba**
- **2005 Canada Summer Games gold medalist with Team Manitoba**
- **Numerous provincial medals at the club level**



JOIN ELM CREEK SCHOOL’S VOLLEYBALL ACADEMY FOR THE UPCOMING SCHOOL YEAR 2018-2019.

FEED YOUR COMPETITIVE SPIRIT AND TAKE YOUR VOLLEYBALL SKILLS TO NEW LEVELS!



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